

The CHOD is a dynamic and visceral experience that employs the use of prayers, chants, and songs to alter awareness in profound ways. The CHOD practitioner visualizes a host of demons that represent hindrances to Enlightenment. During the ritual he or she invites these demons to devour his or her flesh, the purpose of which is to generate unobstructed primordial awareness (bliss conjoined with emptiness) through fearless equanimity.

This particular CHOD ceremony is called the Thragdung Dudjom Lingpai Threma Namia Chod, and it was recorded at the Thimphu Dudjom

Choekang CHOD Centre, in Bhutan by an all female group of CHOD practitioners. This performance of the CHOD by an all-female group of chanters is a rare occurrence.

*Note: When the ceremony began rain started to fall and continued unabated until the ceremony was complete. This was considered to be an auspicious sign, but unfortunately the rain sounds a lot like white noise (a hissing sound) in the background. Nevertheless, the performance of the CHOD by a group of all female chanters is so rare, we decided to release the recording in spite of this.*

