

This set of 8 CDs is from The Art of Egyptian High Alchemy, which Tom Kenyon presented in Seattle, Washington October 25 – 27, 2013.

For ease of use, the track titles and times appear on each CD. It is suggested that you first listen through the entire set of recordings sequentially in order to get the greatest benefit from the training. You can view and/or print the handouts that were given to the participants at this Intensive by going to the Articles section of the website (www.tomkenyon.com) and scroll down to the Article titled *The Art of Egyptian High Alchemy (Handouts)*.

Do not listen to the sound meditations in situations requiring alertness such as driving a car or operating machinery.

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