



The Archangels

These angels have very complex natures and diverse spiritual powers. Thus it is virtually impossible to completely describe the full range of their activity. Nevertheless, below is some sense of the actions that they undertake on your behalf.

Calling of the Angels opens a beautiful portal to the angelic realms. It is a relatively short sound meditation that can be used to center oneself for meditation/contemplation, or to prepare oneself for the other Archangel sound codes. *CD 1, Track 1, 11:36*

Archangel Michael (Mikael) stands with a raised sword to sever and cut away all negative impediments, all limitations that you are willing to offer up. Michael does not sever that which you do not wish to be cut through. You begin with your awareness at the crown, at the top of your head, and follow the sound into your inner worlds, your body and mind. Although the time in which these sounds are made will be finite, there is no limit to the action of Michael, no realm of consciousness that is hidden from him. He moves with the power of the divine. This power is your power, not of the limited self, but of your spiritual self. As you open yourself to Michael's power, understand that you are opening to your own greater identity. *CD 1, Track 2, 18:07*

Archangel Gabriel has both destructive and creative properties. Gabriel sounds the entrance of a new world, a new spiritual order. He is the trumpet messenger of the divine. With the sounds of Gabriel an inner door opens within you to new spiritual vistas and dimensions of being and to a freedom that is your innate birthright and inherent nature. The sounds of Gabriel can also cause impediments to collapse; walls and barriers that have kept you imprisoned can implode. Gabriel acts through the divine power of sound. Let his sound resonate within you. You begin with your awareness at the crown, at the top of the head. Allow the sounds of Gabriel to move through you, through your inner worlds, your body and mind. *CD 1, Track 3, 24:59*

Archangel Raphael is a healing angel who carries the balm of healing on all levels of being—physical, emotional, mental and spiritual. The vibrational sounds of Raphael are healing codes and geometries of light that directly affect the healing process. Raphael joins us in this journey of the Archangels to heal whatever levels of your being you choose, to comfort you, and to sustain you with a spiritual potency that can serve you in unimaginable ways. *CD 1, Track 4, 22:26*

Archangel Zadkiel is one of the transformational powers of the divine. The Z sound of Zadkiel's name refers to this action. It is related to the serpent energy and the lightning bolt of the divine that zigzags through time and space. Zadkiel devours and transforms deep negativity. What Michael has severed, what Gabriel has imploded through the power of divine sound, Zadkiel clears away. Yeshua once said that you cannot pour new wine into old skins. This is because the acid in the wine will break old skins causing the wine to leak out. And so, when we take in new and potent spiritual energies, it is wise to change our skins—meaning to let go of and transform old ways of being. And so Zadkiel renews you as deeply as you will allow. We begin with awareness at the crown allowing the sounds of Zadkiel to move through your inner worlds, your body and mind. *CD 2, Track 1, 14:28*

Archangel Ariel (Uriel) sings new worlds (new ways of being) into existence. Ariel is the sweet messenger of the divine. He sings with a voice that carries the innermost vision of the divine self. Like Raphael, Ariel is a healing angel, but in a different way. Ariel brings healing through direct contact with one's own divine nature, an inner power and awareness that can heal and wipe away past pains in a moment. You begin with awareness at the crown, at the top of the head. Allow the song of Ariel to descend into your inner worlds, your body and mind. *CD 2, Track 2, 11:01*

Archangel Chumuel (Chamuel) is the action of expansion, rapid expansion. Through his action all of the actions of the previous angels are amplified. Chumuel is the action of the divine's heart, as it expands outward into all worlds. As you hear the sounds of Chumuel, allow them to move through you. Allow the feelings you sense within you to expand. You begin with awareness at the crown, the top of the head. Allow the sounds of Chumuel to move through your inner worlds, your body and mind. *CD 2, Track 3, 9:11*

Archangel Metatron is the great architect, the guardian protector of spirit in matter, holder of the divine template. As master of the sub-atomic and atomic worlds, Metatron holds creation together according to divine will. He is, in some ways, the greatest servant of the divine, for he must hold the pressures of an evolving universe—spirit in matter—and he does so, tirelessly, from the beginning of time. Through his action, the movements of the previous Archangels are set in place. The changes wrought by these beings are secured at the most subtle levels of matter. What you have accomplished through your interactions with the previous Angel Codes is protected through the action of Metatron. You begin with awareness at the crown, at the top of the head. Allow the sounds of Metatron to move into the very atoms of your being. *CD 2, Track 4, 13:05*

A Note About Electromagnetic Anomalies:

I have been channeling sound and music from other realms of consciousness since the early 1980's. And I have noticed that when these sounds are recorded during a live-session (when the energetics of a transmission are particularly high) there are often distortions in the recordings. These types of disturbances are not caused by defects in the recording equipment or methods, but it seems as if the subtle energy affects the electronics of either the microphones and/or the recording equipment. I have seen this so many times, it is no longer a surprise when these effects show up in a recording. This recording is no exception. At times you may hear odd spinning, popping or electric-type sounds, which are I believe, simply an effect of the intense energetics that were occurring when the Archangels were brought forward.

Listening Suggestions

Do not listen to this recording in situations requiring alertness, such as operating machinery or while driving.

You can listen to this recording with or without headphones.

These sound codes are designed to be listened to with your full focus of attention. Unlike other forms of music, which you can listen to with partial awareness, these sounds are *evolutionary catalysts*. They are a means for you to commune with the angelic realms, and as such, they are best listened to when you have put the affairs of your daily life aside for a brief period of time.

Pick the Angel Code(s) you wish to work with from the descriptions that follow. If you have the time and the desire, it is certainly possible to listen to all the sound meditations back to back. However, do be aware that listening to all the sound codes in one sitting might produce a type of *spiritual purification* that could be challenging for some persons.

Take some time to just be with yourself after listening. Notice how you feel, and note the quality of your awareness, for a few minutes. It is best not to jump right back into outer activities as the most powerful time during a sound meditation is often the silence that immediately follows it.

Environmental Sound

If you have a stereo with external speakers, experiment with playing the Codes at low volume as a type of ambient sound. This can have some very interesting and positive effects on the local environment. This way of listening, however, is not a substitute for meditating on the Codes with your full focus of attention. I mention Environmental Sound listening because it is a way to positively affect your living space. Animals and children are especially receptive to the Codes.

Angel Codes

Messages from the Archangels

Tom Kenyon