

THE KALACHAKRA OF CHAKRASAMVARA & VAJRAYOGINI

A SHAMANIC BUDDHIST MEDITATION RETREAT WITH TOM KENYON

Shamanic Buddhism is a term I use to describe my personal approach to the Dharma (“The Way”) or path of Buddhism.

It is a synthesis of my own explorations in Hinayana and Mahayana, as well as Theravada and Tibetan Buddhist Tantra. This approach also includes insights from the Bon Po, which is a shamanic tradition that existed prior to the introduction of Buddhism into Tibet in the 7th Century, A.D. by the tantric master, Guru Rinpoche (Padmasambhava).

I call this approach Shamanic Buddhism because it relies upon direct interaction with tutelary (protector) beings in the archetypal realm of human consciousness within the context of Buddhist thought.

These recordings are the core teachings from a three-day meditation retreat that was centered on the tantric union of two potent tutelary energy beings—Chakrasamvara and Vajrayogini.

Chakrasamvara imparts the ability to function in the world (samsara) and

inherent bliss (nirvana) simultaneously. Vajrayogini transmits a primordial potency and power that rapidly transforms and illuminates consciousness.

In most Buddhist traditions, access to these tutelary beings is rarely given without the Practitioner having first taken Refuge into the stream of Buddhism as well as Initiation into a particular lineage.

My personal belief and experience is that individuals gain tremendous benefit from interaction with the

Dharma without having to take Refuge. Furthermore, the tutelary beings I work with have all agreed to transmit their benevolent shakti (spiritual energy) to those who enter this work with open hearts and minds.

These recordings alternate between Dharma-talks (lectures) and 18 catalytic sound meditations. Track descriptions and their times appear directly on the CDs.

Do not listen to the sound meditations in situations requiring alertness.

